American Red Cross

Health and Safety Participant Fact Sheet

Course: Small Craft Safety		
Program Code	34500 Small Craft Safety	
Component Codes	34501 Small Craft Safety: Canoeing	
	34502 Small Craft Safety: Kayaking	
	34503 Small Craft Safety: Sailing	
	34504 Small Craft Safety: Rowing	
	34505 Small Craft Safety: Moving Water	
Purpose	The purpose of the American Red Cross Small Craft Safety course is to provide individuals such as camp personnel and trip leaders with information and skills necessary to prevent, recognize, and respond to small craft emergencies. This course will also prepare individuals for small craft emergencies by teaching them how to protect themselves while assisting others.	
Prerequisites	 Float or tread water for 1 minute without a life jacket Swim any stroke for 25 yards without a life jacket Swim any stroke for 25 yards while wearing a life jacket Demonstrate basic boat-handling skills for the specific component(s), by paddling, rowing, and/or sailing a set course 	
Learning Objectives	Learn to recognize, prevent, and respond to aquatic emergencies Learn how to recognize specific characteristic behaviors of distressed swimmers, and active and passive drowning victims Learn how to prevent small craft accidents, injuries, and fatalities Understand different types of open water environments and their potential hazards Understand the responsibilities of small craft trip planning, supervision, and emergency preparation Understand and perform self-rescue skills for aquatic emergencies Provide assistance to others using nonswimming rescues Perform proper techniques to care for a possible head, neck, or back injury	

Learning Objectives (continued)	Learn basic safety guidelines for canoeing, kayaking, sailing, and/or rowing
	Learn how to rescue yourself and others when supervising canoeing, kayaking, sailing, and/or rowing activities
Length	Precourse session — 1 hour with one craft component, plus 30 minutes for each additional craft component.
	Small Craft Safety course approximate times range from 6 hours, 45 minutes to 14 hours, 30 minutes depending on the type of smal craft and the number of components taught.
	Small Craft Safety Core — 5 hours
	PLUS
	Canoeing (2 hours) — 7 hours
	Kayaking (1 hour, 45 minutes) — 6 hours, 45 minutes
	Sailing (2 hours) — 7 hours
	Rowing (1 hour, 45 minutes) — 6 hours, 45 minutes
	Moving Water (2 hours) — 7 hours
Instructor	A currently authorized Small Craft Safety Instructor in the appropriate component
Certification Requirements	Successfully complete all skills outlined in the course.
	Pass written exams with a minimum score of 80 percent or better on each section (One 15 question exam for the Small Craft Safety core course and one 10 question exam for each component).
Certificate Validity	3 years
Participant Materials	American Red Cross Small Craft Safety Participant's Workbook (Stock No. 654153)
	American Red Cross <i>Universal Certificate</i> indicating Small Craft Safety and the appropriate component completed (Stock No. 653999)