

## Minutes of the IHSA Wrestling Advisory Committee Meeting

April 23, 2014

The IHSA Wrestling Advisory Committee met at the IHSA Office, Bloomington, Illinois, on Tuesday, April 23, 2014, beginning at 10:00a.m. Committee members present were Ron Stewart, Chicago (CICS/Longwood); Neal Weiner, Wheeling; John St. Clair, Lemont (H.S.); Jon Murray, Geneseo; Josh Carter, Gibson City (G.C.-Melvin-Sibley); Jay Blair, Manito (Midwest Central); Eric Roberson, Alton (Sr.); Craig Anderson, IHSA; Joe Cliffe and Rich Montgomery, IWCOA reps.

The minutes from April 23, 2013 meeting were approved and discussed.

### **TERMS AND CONDITIONS RECOMMENDATIONS:**

#### **1. VI. A Tournament Structure and Time Schedules**

**Recommendation:** Annually rotate class order of wrestling in sessions 1 and 2. (8 – 0)

**Rationale:** The committee believes there continues to be advantages/disadvantages to the order of wrestling during the 1<sup>st</sup> and 2<sup>nd</sup> sessions of the Individual state final tournament. For this reason the committee recommends the order of wrestling be rotated annually. If this is approved the following schedule would follow: 14-15 (2A – 3A – 1A), 15-16 (3A – 1A – 2A), 16-17 (1A – 2A – 3A).

**Died for lack of motion**

#### **2. VIII. L. Sideline Coaching new 4)**

**Recommendation:** During the state series coaches are responsible for meeting the following dress code requirements: no hats, no shorts, wear slacks (no jeans) along with a collared or dress shirt or school colored sweater/pull-over with school/team logo. (8 – 0)  
Violations of this requirement will be reported by the host school administrator to the coach's administrator.

**Rationale:** The committee believes it is time to set an expectation of proper dress for all coaches when it comes to being a representative of the sport of wrestling.

**Died for lack of motion**

#### **3. Item IX. C. State Final Passes:**

**Recommendation:** The number of state final coaches passes allowed per team: 1 or 2 state qualifiers, 2 coaches passes; 3 or more qualifiers, schools have the option of purchasing a coaches pass at the cost of a season pass; 5 or more wrestlers, one additional free coaches pass to the school. (8 – 0)

**Rationale:** With the movement to wrestling by classes in the first two rounds, teams can find themselves with wrestlers on the mat and wrestling in the tunnel preparing for matches. The committee believes this warrants the opportunity for an additional coach's pass to be made available to teams in these situations.

**Approved**

#### **4. VIII. H. Team Tiebreaker**

**Recommendation:** Add the beginning tiebreaker criteria to the existing list: a. The team whose opposing wrestlers or team personnel has been penalized the greater number of team points for flagrant misconduct or unsportsmanlike conduct shall be declared the winner. b. The team whose opposing head coach has been penalized the greater number of team points for coach misconduct

shall be declared the winner. c. The team whose opposing wrestlers were penalized the greater number of match points for unsportsmanlike conduct during a match shall be declared the winner. (8 – 0)

**Rationale:** The NFHS Wrestling rules book identifies these three criteria as the first three tiebreaking criteria for a dual meet competition. The committee believes that these same three criteria should be the individual regional team tiebreaker since the individual regional tournament top qualifying team is advancing in the dual team state tournament.

Approved

#### 5. XIII. X. Awards A.

**Recommendation:** Plaques will be awarded to the school winner at the dual team sectional. Plaques will indicate the winning team as “Dual Team State Qualifier.” (8 – 0)

**Rationale:** The committee believes the dual teams earning a win in the dual team tournament deserve some recognition for their win and advancement to the dual team state tournament.

Died for lack of motion

#### 6. II B. 2 a. and VII. B. Team Advancement

**Recommendation:** Based upon the winter drawing the two regional champions and two 2<sup>nd</sup> place teams at those regionals will meet at the Dual Team Sectional to wrestle in a cross bracket of champions vs. 2<sup>nd</sup> place finishers. The winners of those matches will wrestle again that night to determine the State Final qualifier. (6 – 2)

**Rationale:** Since the dual team state championship series has qualifiers for the sectional tournament determined by the results of the individual tournament, the committee believes the top 2 teams at the individual regional should have an opportunity to compete as a team in the state series and potentially qualify for the state finals. Each sectional would need two sites to wrestle the semifinal and final matches in determining the team qualifiers for the Dual Team state tournament.

Died for lack of motion

#### 7. X. B. Awards

**Recommendation:** Award team placers (1 – 3) at the individual state tournament. (8 – 0)

**Rationale:** The committee believes this would provide more excitement and bring more spectator interest to the individual state tournament. Awards (trophy or plaque) for the top three teams in each class would be purchased by the Illinois Wrestling Coaches and Officials Association (IWCOA). This would not add time or cost to the tournament.

Died for lack of motion

#### WEIGHT CONTROL PLAN RECOMMENDATIONS:

##### 1. II. Time Periods for Measurements A.

**Recommendation:** All wrestlers are eligible for a final appeal certification to certify their weight after their first certification date on or before Friday of Week 24 on the IHSA Standardized calendar with approval of the IHSA administrator and a physician’s signature. This appeal would allow the wrestler to drop no more than one weight class from the original minimum result from the first test.

**Rationale:** The committee believes this will give wrestlers a reasonable time to adjust their bodies to the sport of wrestling after coming from a fall sport. This would also reduce the rapid reduction that

currently goes on as wrestlers try to reduce their weight before completing the certification process prior to their first match. There are many examples of young wrestlers coming out for wrestling for the very first time who find their weight and fitness making extreme changes after the first few weeks of the season. Many of these wrestlers end up with a certified weight higher than their actual weight creating an extreme disadvantage for them.

**Will be reviewed by the Sports Medicine Advisory Committee**

#### **ADMINISTRATIVE RECOMMENDATIONS:**

1. Correct this language to the weight control manual regarding measuring body fat percentage using the bio-impedance scale:

Bio-Impedance measurements will be accepted from the use of the following two scales: TANITA TBF-300-A or TANITA TBF-300-AW Body Composition Analyzer/Scale. Both scales must be used in the "Standard Mode" when conducting tests. ~~This technology is available for approximately \$1500-\$1700 from most health care product suppliers.~~ Measurements taken with the TANITA analyzer must be witnessed by and entered by an IHSA licensed Certified Body Fat tester for that school. The use of any other model of TANITA must be approved by the IHSA prior to use. Measurements taken with a TANITA machine shall be taken in the standard mode. **Approved**

2. Change the IHSA Skin Condition form to include the opportunity for the physician completing the form to indicate a date when the skin condition would no longer be contagious. The committee believes some students have difficulty financially making a return trip to a physician to get the form signed and dated when the skin condition is no longer contagious. (6 – 2) **Died for lack of motion**
3. The committee recommends the weight control manual include a recommendation that scales be certified once every two years. (8 – 0) **Approved**

#### **ITEMS OF GENERAL DISCUSSION:**

1. Discussed Regional Questionnaire items and discussion from the regional reps meeting.
2. Discussed randomizing the bye's in the regional.
3. Discussed having a warm-up area at the individual state tournament.
4. Discussed the use of Track Wrestling as required software use during the state tournament series.
5. Discussed taking 10 minute breaks between rounds in the regional. It is suggested to include this in the manager's manual.
6. Discussed the individual sectional tournament format being changed to follow the leader versus the true wrestle back format that currently exists.
7. Discussed the state final video not highlighting specific teams and to instead only include the current year's tournament participants and highlights of the current state final tournament.
8. Discussed the alternates being allowed entry into the arena with a participant pass.
9. Discussed if the IHSA parking pass for State Farm Center at the individual state tournament could additionally be used at Huff Hall for warm-ups.
10. Discussed the location of the individual state final tournament.
11. Discussed the dual team tournament being seeded in the Chicago suburbs like the team bracketed team sports in other sectional complexes. The advisory committee would like the board to review this.
12. Discussed the dual team sectional entry form being accurately completed and prepared for the dual team sectional.
13. Discussed the doctor in attendance at dual team state finals managing skin conditions.
14. Recognized outgoing Advisory Committee members: Jon Murray, Geneseo and Jay Blair, Manito (Midwest Central)
15. Meeting was adjourned at 1:57 pm.